Open a picture of stephan Colbert

Use the pen tool to make a path around his head and torso but not his arms and legs

Make the path a selection

Press ctrl j

Remove the layer with the background

Open a picture of the dragon ball z character Goku

Remove all parts of his body which are his arms

use the Marquette tool to make a selection around one arm and press ctrl j

use free transform to position the arms to that they are in the place of were Colbert’s arms were

open a picture of He-man

remove everything that aren’t his legs

position the legs so they are were Colbert’s legs were

merge the three layers

go to select>color range >shadows and make the selection black

go to select> color range >mid tones and make the selection grey

go to select> color range> highlights and erase the selected area in the goku arms and the Colbert body but leave he-man’s legs alone

make three overlapping ovals of grey each in a different shade below the he mans legs on a layer behind the merged layer

merge the two layers

copy the layers

flip the copy and move it to the other side of the picture

­­create a new layer behind the others

Make a rainbow gradient